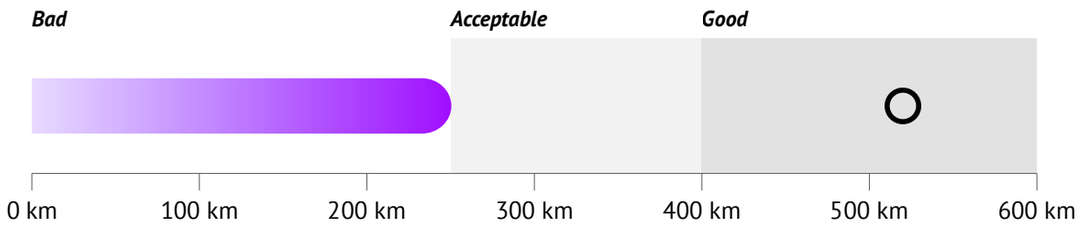
Some 2019 Runkeeper Results

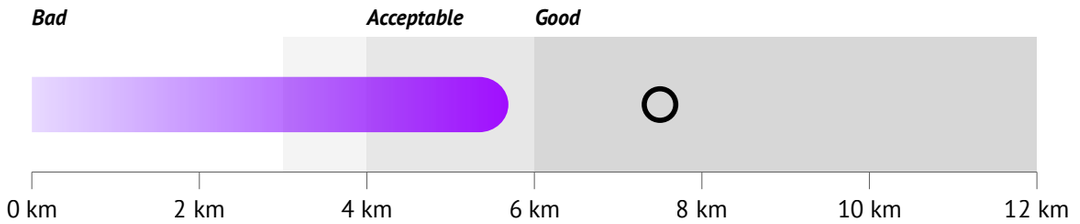
2019 result

2020 goal

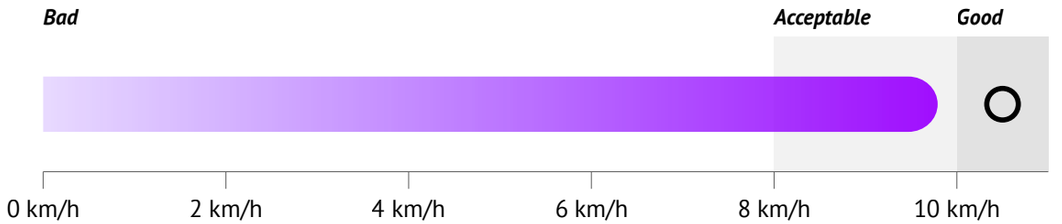
TOTAL RUNNING DISTANCE



AVERAGE DISTANCE/RUN



AVERAGE SPEED/RUN



DISTANCE VS SPEED

